



WARATAH NEWS

CLIENT & CARERS NEWSLETTER

MARCH 2018

IMPORTANT NOTICE

DAY PROGRAM OVER EASTER

Waratah Centre will be closed for Easter on Friday 31st March and Monday 2nd April 2018. Day respite will recommence on Tuesday 3rd April at 8.30am.

OVERNIGHT RESPITE OVER EASTER

If you require respite over Easter please ring Waratah office 0266 483 610 as soon as possible. Unfortunately if we have less than three residents booked in for Easter we will need to close the Cottage for this period.

FREE CARER EDUCATION

Specifically for family carers and friends who support persons with dementia

Thursday 15 & 22 March 9.30am-2.30pm

Port City Bowling Club Port Macquarie

If you need respite to attend please call Waratah or the Commonwealth Respite Centre on 1800 052 222

OUR MISSION

To be leaders in flexible respite options; assisting carers and the person they care for to enjoy the best possible quality of life.



Happy Easter Everyone

May it be filled with lots of love, joy & chocolates



Here's What's Happening!

Friday 9 March

Outing to Waratah Centre in Coffs Harbour for Musician and BBQ Lunch

Wednesday 14 March

Meals on Wheels visiting for morning tea and games

Friday 16 March

St Patricks Day Celebrations

Wednesday 21 March

Outing to Solitary Islands Aquarium

Friday 30 March

Good Friday—No Services



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If you need a break why not consider making a booking at Waratah for overnight respite for your loved one and book yourself into one of the respite retreats.

Joyland Carers Retreat

Korora

phone 0421 644 998

Check out their Website

Or

Yaraandoo Eco Lodge

Ebor

(for carers of people with mental illness)

phone 0468 300 998

Check out their Website

Yarrawarra Aboriginal Cultural Centre

