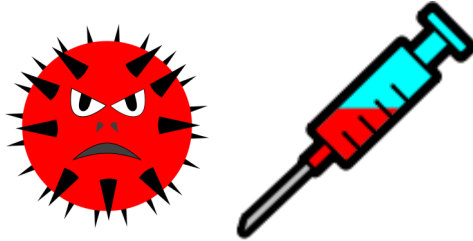




# WARATAH NEWS

CLIENT & CARERS NEWSLETTER

MAY 2018



## FLU INJECTIONS ARE NOW DUE

To prevent an outbreak of influenza at Waratah it would be appreciated if you could organise with your doctor to have your flu injection as soon possible.

If you are coming into the Cottage during May it is recommended that you have your needle before you are admitted.

### Reminder

### Service Expectations & Feedback Survey

If you have not already done so, please return your survey as soon as possible so that your views can be taken into account as we plan for the future.

### Carer Support

The Commonwealth Respite & Carelink Centre MNC are running these two exciting events for carers in Coffs Harbour **Sharing Solutions and Supporting Choices**. If you want to know more ring Commonwealth Respite on 1800 052 222.

## OUR MISSION

To be leaders in flexible respite options; assisting carers and the person they care for to enjoy the best possible quality of life.



**Happy  
Mother's  
Day**

**Sunday**

**13 May 2018**

# Here's What's Happening!

**30 April - -6 May**

**Mother Day Craft**

**Monday 7 May**

**Visit by Happy Days Pre-School**

**Tuesday 8 May**

**9 Pin Bowling at Moonee Beach**

**Wednesday 9 May**

**Entertainment by Graham Bell**

**Friday 11 May**

**Mother Day High Tea**

**Thursday 17 May**

**Visit to the Old Butter Factory Bellingen  
& lunch at Urunga Bowling Club**

**Monday 21 May**

**Mens Group Outing to the Buffalo Farm  
at Eungai Creek**

**Tuesday 29 May**

**Iceland Culture Day**

**Wednesday 30 May**

**Games Day at Seagulls Woolgoolga**

**Thursday 31 May**

**Entertainment by Misfitz**

**Fund Raising**

**Event**

**Friday 11 May**



**Coffs Golf Club**

**\$10 per head**

**8 per table**

*For bookings or  
more information*

*contact either:*

\* *Colleen Hull on  
0438 533 822 or*

\* *Waratah Centre  
on 66483610*

**Doors open at 6pm,  
start at 6.30pm.**



## **MOTHERS DAY GUESSING COMPETITION**

**Friday 11 May**

**It would be appreciated if you could bring in a photo of yourself eg wedding, baby or school photo, or just you having a good time when you were young. Please ensure you have your name clearly marked on the back of the photo so we can return it to you at the end of the day.**



### ***Mothers Day Raffle & High Tea***

***Tickets are now on sale for our Mothers Day Raffle***

***50cents a Ticket***

***Choice of Three Prizes drawn on 11 May 2018***

***Family Members are invited to join their mother at the Waratah Centre 9.30am on Friday 11 May 2018 for a High Tea to celebrate Mothers Day.***

***For catering purposes please inform staff if you will be attending.***

## **Overnight Excursion**

**In June we will be going on an excursion to Port Macquarie overnight. We will leave on a Wednesday morning and return approximately 4pm on a Thursday afternoon. The date is yet to be confirmed but you will be advised asap.**

**Cost will be \$40 per head but this fee will cover the cost of your accommodation and all meals.**

**Visit the Billabong Zoo**

**Visit Tacking Point Lighthouse**

**Check out the Hello Koalas Art Sculpture Trail**

**Take a Scenic Drive to Laurieton**

**Visit Douglas Vale Historic Homestead**

**Visit Ricardoes Tomatoes & Strawberries Farm**

**Enjoy an evening out at the Port City Bowling Club**

**Unfortunately clients will need to be mobile and independent as rooms will be twin share, but clients will be assisted by a staff member close by in a separate room. To book your spot ring Lyn Jones asap on 0266 483 610.**