

W R S O C T O B E R P R O G R A M



Wednesday 1st
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 client calendar input
 11.30 seated exercises
 12.00 lunch
 12.45 bingo
 1.30 seated soccer
 2.00 afternoon refreshments
 2.30 whiteboard games

Thursday 2nd
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 client calendar input
 11.30 strengthening exercises
 12.00 lunch
 12.45 bingo
 1.30 CHARADES
 2.00 afternoon refreshments
 2.30 whiteboard games

Friday 3rd OKTOBERFEST
 8.30 independent games
 9.30 morning tea
 10.00 client calendar input
 10.30 OKTOBEFEST QUIZ
 11.30 noodle exercises
 12.00 lunch
 12.45 bingo
 1.30 GERMAN ARMCHAIR TRAVEL
 2.00 afternoon refreshments
 2.30 whiteboard games



Monday 6th LABOUR DAY
PUBLIC HOLIDAY



Tuesday 7th
 8.30 independent games
 9.30 morning tea
 10.00 client calendar input
 10.30 happy days visit
 11.30 noodle exercises
 12.00 lunch
 12.45 bingo
 1.30 CHARADES
 2.00 afternoon refreshments
 2.30 whiteboard games

Wednesday 8th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 garden group
 11.30 walking program
 12.00 lunch BBQ
 12.45 bingo
 1.30 indoor tennis
 2.00 afternoon refreshments
 2.30 whiteboard games



Thursday 9th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 flower bingo
 11.30 seated exercises
 12.00 lunch
 12.45 bingo
 1.30 parachute game
 2.00 afternoon refreshments
 2.30 whiteboard games

Friday 10th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 TAREIK ACOUSTIC HOUR
 11.30 strengthening exercise's
 12.00 lunch
 12.45 bingo
 1.30 HOT SEAT
 2.00 afternoon refreshments
 2.30 whiteboard games



Monday 13th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 country singalong
 11.30 seated exercises
 12.00 lunch
 12.45 bingo
 1.30 9 letter word
 2.00 afternoon refreshments
 2.30 whiteboard games

Tuesday 14th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 craft time
 11.30 walking program
 12.00 lunch
 12.45 bingo
 1.30 hoy
 2.00 afternoon refreshments
 2.30 whiteboard games

Wednesday 15th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 garden group
 11.30 chair yoga
 12.00 lunch
 12.45 bingo
 1.30 chair soccer
 2.00 afternoon refreshments
 2.30 whiteboard games

Thursday 16th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 craft time
 11.30 exercises
 12.00 lunch
 12.45 bingo
 1.30 trivia time
 2.00 afternoon refreshments
 2.30 whiteboard games

Friday 17th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 Ukulele group
 11.30 walking program BRESLFORD PARK
 12.00 lunch
 12.45 bingo
 1.30 balloon tennis
 2.00 afternoon refreshments
 2.30 whiteboard games



Monday 20th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 garden group
 11.30 walking program
 12.00 lunch
 12.45 bingo
 1.30 hot seat
 2.00 afternoon refreshments
 2.30 whiteboard games

Tuesday 21st
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 bus outing botanic gardens
 11.30 garden walk
 12.00 lunch picnic
 12.45 bingo
 1.30 MEDITATION
 2.00 afternoon refreshments
 2.30 whiteboard games



Wednesday 22nd
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 old time singalong
 11.30 movement 2 music
 12.00 lunch
 12.45 bingo
 1.30 reminisce fave tv shows
 2.00 afternoon refreshments
 2.30 whiteboard games

Thursday 23rd
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 craft time
 11.30 seated exercises
 12.00 lunch
 12.45 bingo
 1.30 beetle game
 2.00 afternoon refreshments
 2.30 whiteboard games

Friday 24th
 8.30 independent games
 9.30 MORNING TEA
 10.30 this day in history
 11.30 MAKE YOUR OWN PIZZA
 12.00 lunch PIZZA PARTY
 12.45 bingo
 1.30 group story writing
 2.00 afternoon refreshments
 2.30 whiteboard games



Monday 27th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 Halloween craft
 11.30 walking group
 12.00 lunch
 12.45 bingo
 1.30 charades
 2.00 afternoon refreshments
 2.30 whiteboard games

Tuesday 28th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 Halloween craft
 11.30 seated exercises
 12.00 lunch
 12.45 bingo
 1.30 indoor bowls
 2.00 afternoon refreshments
 2.30 whiteboard games

Wednesday 29th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 Halloween craft
 11.30 walking program
 12.00 lunch
 12.45 bingo
 1.30 chair soccer
 2.00 afternoon refreshments
 2.30 whiteboard games

Thursday 30th
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 Halloween craft
 11.30 strengthening exercises
 12.00 lunch
 12.45 bingo
 1.30 reminisce session
 2.00 afternoon refreshments
 2.30 whiteboard games

Friday 31st HALLOWEEN
 8.30 independent games
 9.30 morning tea
 10.00 this day in history
 10.30 HALLOWEEN PARTY
 11.30 movement 2 music
 12.00 lunch
 12.45 bingo
 1.30 HALLOWEEN TRIVIA
 2.00 afternoon refreshments
 2.30 whiteboard games

