B 12.00 LUNCH E 2.30 2.30 M







TUESDAY 4TH DRESS UP IN YOUR FINERY FOR FASHION ON THE FIELD WARATAH EDITION



INDEPENDENT GAMES

ARMCHAIR TRAVEL 2 INDIA

WHITEBOARD GAMES

FRIDAY 14 CLAUDE MONET DAY

8.30 INDEPENDENT GAMES

MORNING TEA

10.00 THIS DAY IN HISTORY

11.30 WALKING GROUP

12.00 LUNCH

AFTERNOON REFRESHMENTS

MORNING TEA

10.00 THIS DAY IN HISTORY

10.30 DIWALI CRAFT

12.00 LUNCH

11.30 WALKING GROUP

9.30

9.30



MONE	OAY 3 SANDWICH DAY	
8.30	INDEPENDENT GAMES	
9.30	MORNING TEA	
10.00	THIS DAY IN HISTORY	
10.30	SANDWICH QUIZ TIME	
11.30	NOODLE EXERCISES	
12.00	LUNCH SANDWICHES	
12.45	BINGO/ALTERNATE ACTIVITY	
1.30	PARACHUTE GAME	
2.00	AFTERNOON REFRESHMENTS	
2.30	WHITEBOARD GAMES	
MONDAY 10		





11.30	MOVEMENT TO MUSIC
12.00	LUNCH
12.45	BINGO/ALTERNATE ACTIVITY
1.30	BALOON TENNIS / REMINISCE
2.00	AFTERNOON REFRESHMENTS
2.30	WHITEBOARD GAMES

INDEPENDENT GAMES

MORNING TEA

INDEPENDENT GAMES

MORNING TEA

WEDNESDAY 12

WEDNESDAY 19

9.30



9.30	MORNING TEA
10.00	THIS DAY IN HISTORY
10.30	GARDEN GROUP







2.30 WHITEBOARD GAMES



8.30 INDEPENDENT GAMES **MORNING TEA** 9.30 10.00 THIS DAY IN HISTORY 10.30 REMINISCE 1980S 11.30 WALKING GROUP

BRAIN TEASERS

AFTERNOON REFRESHMENTS

AFTERNOON REFRESHMENTS



9.30

2.30

2.30

12.00 LUNCH

TUESDAY 18



WHITEBOARD GAMES

INDEPENDENT GAMES

WHITEBOARD GAMES

TUESDAY 11 REMEMBRANCE DAY

MORNING TEA

10.00 THIS DAY IN HISTORY

10.30 SEATED YOGA

11.00 MINUTE SILENCE

INDEPENDENT GAMES



12.00 LUNCH 12.45 BINGO/ALTERNATE ACTIVITY 1.30 9 LETTER WORD

2.00 AFTERNOON REFRESHMENTS 2.30 WHITEBOARD GAMES

INDEPENDENT GAMES

MORNING TEA

THURSDAY 13 WORLD KINDNESS DAY 8.30 INDEPENDENT GAMES

MORNING TEA 10.00 THIS DAY IN HISTORY

10.30 HOT SEAT 11.30 MOVEMENT TO MUSIC

12.00 LUNCH

12.45 BINGO/ALTERNATE ACTIVITY 1.30 DOMINOES

AFTERNOON REFRESHMENTS 2.30 WHITEBOARD GAMES

INDEPENDENT GAMES



12.45 BINGO/ALTERNATE ACTIVITY MONET ART TIME

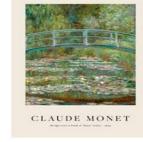
FRIDAY 21 WORLD HELLO DAY/TV DAY

INDEPENDENT GAMES

MORNING TEA

10.00 THIS DAY IN HISTORY

AFTERNOON REFRESHMENTS 2.30 WHITEBOARD GAMES



MONDAY 17

INDEPENDENT GAMES **MORNING TEA** 10.00 THIS DAY IN HISTORY 10.30 GARDEN GAMES 11.30 SEATED EXERCISES 12.00 LUNCH 12.45 BINGO/ALTERNATE ACTIVITY

MR BEAN HOUR

WHITEBOARD GAMES

WHITEBOARD GAMES

10.00 THIS DAY IN HISTORY 10.30 ARTS AND CRAFTS 11.30 MOVEMENT TO MUSIC 12.00 LUNCH 12.45 BINGO/ALTERNATE ACTIVITY 1.30 **CHARADES**

WHITEBOARD GAMES

MORNING TEA AFTERNOON REFRESHMENTS

12.00 LUNCH 12.45 BINGO/ALTERNATE ACTIVITY SLIM DUSTY TRIVIA 1.30 2.00 2.30 WHITEBOARD GAMES

10.00 THIS DAY IN HISTORY 10.30 CREATE A SONG 11.30 STRENGTHENING EXERCISES

AFTERNOON REFRESHMENTS

WEDNESDAY 26 TINA TURNER DAY

10.00 THIS DAY IN HISTORY 10.30 CHARADES 11.30 SEATED YOGA 12.00 LUNCH

MORNING TEA

12.45 BINGO/ALTERNATE ACTIVITY

CRAFT TIME 1.30 **AFTERNOON REFRESHMENTS** 2.30 WHITEBOARD GAMES

10.30 TV QUIZES woopi 11.30 SEATED EXERCISES 12.00 LUNCH

Memory Lane

12.45 BINGO/ALTERNATE ACTIVITY

2.30 WHITEBOARD GAMES

2.30 WHITEBOARD GAMES

OLD TIME TV TIME **AFTERNOON REFRESHMENTS**

MONDAY 24

INDEPENDENT GAMES 9.30 **MORNING TEA** 10.00 THIS DAY IN HISTORY 10.30 CRAFT TIME 11.30 MOVEMENT TO MUSIC 12.00 LUNCH **B N G O**

12.45 BINGO/ALTERNATE ACTIVITY

SINGALONG AUSSIE 1.30 **AFTERNOON REFRESHMENTS** 2.00 WHITEBOARD GAMES 2.30 WHITEBOARD GAMES

TUESDAY 25 INDEPENDENT GAMES 9.30 **MORNING TEA**

10.00 THIS DAY IN HISTORY 10.30 GARDEN GROUP 11.30 NOODLE EXERCISES

BALOON TENNIS



12.45 BINGO/ALTERNATE ACTIVITY 1.30 AFTERNOON REFRESHMENTS

INDEPENDENT GAMES MORNING TEA 10.00 THIS DAY IN HISTORY 10.30 TINA TURNER MUSIC HOUR 11.30 NUTBUSH SEATED DANCE 12.00 LUNCH

12.45 BINGO/ALTERNATE ACTIVITY SCATTAGORIES 2.00 AFTERNOON REFRESHMENTS 2.30 WHITEBOARD GAMES

THURSDAY 27

THURSDAY 20

8.30 INDEPENDENT GAMES 9.30 MORNING TEA 10.00 THIS DAY IN HISTORY 10.30 REMINISCE SESSION SEATED EXERCISES

12.00 LUNCH

12.45 BINGO/ALTERNATE ACTIVITY INDOOR BOWLS

2.00 AFTERNOON REFRESHMENTS 2.30 WHITEBOARD GAMES

INDEPENDENT GAMES 9.30 **MORNING TEA** 10.00 THIS DAY IN HISTORY **COOKING CLASS** 10.30 11.30 STRENGTHENING EXERCISES 12.00 LUNCH 12.45 BINGO/ALTERNATE ACTIVITY CAR BINGO/HOY AFTERNOON REFRESHMENTS 2.00

Happy Birthday

To all our clients and carers Celebrating their birthday this month A little bit older

and a lot more

